



# Baylor University

**Do you have a child 8-12 years old who attended school virtually for the majority of last year due to COVID-19? Are you looking for ways to help your child transition smoothly to in-person school?**

You are invited to participate in a FREE online educational program designed to help children work through their feelings about returning to in-person school and develop healthy coping skills or ways to deal with these feelings. The program will involve 3 self-guided sessions online that will last approximately 30 minutes each. We will be studying whether this program can be delivered online and if it helps increase coping skills in children who will be returning to in-person school. You and your child are eligible to participate if your child is between the ages of 8 and 12 years old, your child participated in virtual or remote learning most of last school year, you live in the United States, and you have access to a secure Internet connection and email address.

**Please direct questions to [Christine\\_Limbers@baylor.edu](mailto:Christine_Limbers@baylor.edu)**



**Interested?**

**Please click on the link below to sign-up for the online program**

**[https://baylor.quintrics.com/jfe/form/SV\\_37MrmTU624FfwTs](https://baylor.quintrics.com/jfe/form/SV_37MrmTU624FfwTs)**